

Caregiving and Cognitive Impairment

Books for Adults

- <u>A Loving Approach to Dementia Care: Making Meaningful Connections with the Person Who Has</u> Alzheimer's Disease or Other Dementia or Memory Loss - Laura Wayman
- <u>Dementia Reimagined: Building a Life of Joy and Dignity from Beginning to End</u> Tia Powell, MD
- <u>The Dementia Caregiver: A Guide to Caring for Someone with Alzheimer's Disease and Other Neurocognitive Disorders</u> Marc E. Agronin
- <u>A Caregiver's Guide to Dementia: Using Activities and Other Strategies to Prevent, Reduce and Manage Behavioral Symptoms</u> Laura N. Gitlin, Ph.D. and Catherine Verrier Piersol, Ph.D., OTR/L
- <u>Chicken Soup for the Soul: Living with Alzheimer's & Other Dementias: 101 Stories of Caregiving,</u>
 <u>Coping, and Compassion</u> Amy Newmark and Angela Timashenka Geiger
- In Pursuit of Memory: The Fight Against Alzheimer's Joseph Jebelli (Print and eAudiobook)
- Loving Someone Who Has Dementia: How to Find Hope While Coping with Grief Pauline Boss
- Love in the Land of Dementia: Finding Hope in the Caregiver's Journey Deborah Shouse
- On Vanishing: Mortality, Dementia, and What it Means to Disappear Lynn Casteel Harper
- The Last Ocean: A Journey Through Memory and Forgetting Nicci Gerrard
- The 36-hour Day: A Family Guide to Caring for People Who Have Alzheimer Disease, Other Dementias, and Memory Loss - Nancy L. Mace and Peter V. Rabins (Regular and Largeprint)
- <u>Creative Care: A Revolutionary Approach to Dementia and Elder Care</u> Anne Basting
- <u>Mayo Clinic on Alzheimer's Disease and Other Dementias</u> Jonathan Graff-Radford, M.D. and Angela M. Lunde, M.A.
- <u>Creative Engagement: A Handbook of Activities for People with Dementia</u> Rachael Wonderlin with Geri M. Lotze. PhD
- <u>All Gone: A Memoir of My Mother's Dementia, With Refreshments</u> Alex Witchel (Regular, Large Print, and Audiobook)

Books for Kids

- The Dementia Diaries: A Novel in Cartoons Matthew Snyman and Social Innovation Lab Kent
- What Happens When My Grandparent Has Alzheimer's Disease? Christine Honders
- My Singing Nana Pat Mora
- Forget Me Not Nancy Van Laan
- Alzheimer's Disease: A Difficult Diagnosis Jennifer Lombardo
- The Day Abuelo Got Lost Diane De Anda
- The Remember Balloons Jessie Oliveros

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Large Print: This collection includes: fiction, mystery, westerns, romance, science fiction, knitting, gardening, travel, history, investing, genealogy, health, etc.

Audio and Video:

PlayAways and Audiobooks on CD

<u>The 5th Dementia</u> - Serene Meshel-Dillman (DVD)

<u>Alzheimer's and Dementia, Films for the Humanities & Sciences</u> - Grady Watts (DVD)

Memory Kits:

The <u>MEternally kits</u> use reminiscence therapy which promotes the sharing of memories and the telling of stories to encourage recall. The kits contain themed photo and activity cards and a companion DVD.

Library of Things Collection: Walker, Wheelchair, Light Therapy Lamp

Electronic eBooks:

O'Reilly eBooks online, e.g., Wellbeing in Later Life by Thomas B. L. Kirkwood and Cary L. Cooper

Electronics:

<u>GPad5</u> - LG Tablet and Hotspot - Contact Vickie Turcotte to check out a senior tablet, 978-256-5521 x1106 or vturcotte@chelmsfordlibrary.org

Spark Launch Pads for Interactive Brain Games

Many of the items on this handout will be available on our traveling Pop-Up Library truck!

